LOOKS LIKE MEAT, COOKS LIKE MEAT

100% NOT is a delicious plant-based meat alternative that delivers superior taste and texture.

onehundredpercentnot.com



Pan Fry Medium Heat 6 mins from Frozen

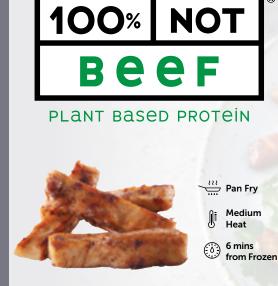
Simplot Code: 12693

Packaging: Plant Protein Chicken Style Strips 3 x 1kg

Preparation: Pan fry frozen 100% NOT Chicken in oil over medium heat for 5-6 minutes (3-4 minutes if thawed). Add seasoning as desired. Serve in any application as a replacement for sliced chicken.

Ingredients: Water, soy protein concentrate (contains soy), sunflower oil, salt, flavour, spices. Contains soy.





Simplot Code: 12694

Packaging: Plant Protein Beef Style Strips 3 x 1kg

Preparation: Pan fry frozen 100% NOT Beef in oil over medium heat for 5-6 minutes (3-4 minutes if thawed). Add seasoning as desired. Serve in any application as a replacement for sliced beef.

Ingredients: Water, soy protein concentrate (contains soy), sunflower oil, salt, flavour, spices.

Contains soy.



Vegetarian

Vegan







Free

Soy & Water

No

Preservative

Gluten



PLANT BASED PROTEIN

Pan Fry Medium Heat 12 mins (0)

from Frozen

Simplot Code: 12686

Packaging: Plant Protein Burgers 24 x 125g

Preparation:

Pan Fry/Flat Top Grill: Lightly oil frozen 100% NOT Burgers and cook over medium heat for 12 minutes (6-8 minutes if thawed), turning frequently. Add seasoning as desired. Serve in any application as a replacement for beef burgers.

Ingredients: Water, soy protein (14%), coconut oil, canola oil, rice flour, plant fibre (pea, cellulose), yeast extract, emulsifier (methylcellulose), salt, sugar, dehydrated vegetables (beetroot, onion, garlic), black pepper, natural flavours.

Contains soy.



Vegetarian







Recipe suggestion:

Preservative

Deluxe 100% NOT Burger

100% NOT SCHNİTZELS

PLANT BASED PROTEIN

Oven Bake 12-15 min

> Deep Fry 3.5 min from frozen

Simplot Code: 12687

Packaging: Plant Protein Schnitzels 24 x 150g

Preparation:

• Deep Fry: Preheat oil to 180°C. Deep fry frozen 100% NOT Schnitzels for 3-3.5 minutes (2-2.5 minutes if thawed).

• Commercial Fan Forced Oven: Set commercial fan-forced oven to 200°C, dry heat. Place frozen 100% NOT Schnitzels on a baking paper lined tray and cook for 12-15 minutes (10 minutes if thawed).

Ingredients: Meat free portion (60%)[water, soy protein (16%) (contains emulsifier soy lecithin), coconut oil, rice flour, plant fibre (cellulose, pea), thickener (461), yeast extract, salt, dehydrated vegetables (onion, garlic), sugar, pepper, natural flavouring], coating (40%)[water, wheat flour, vegetable oils (canola, olive), wheat semolina, wheat gluten, salt, yeast, sugar, thickener (guar gum), dehydrated vegetables (garlic, celery), rice bran oil, hydrolysed vegetable protein (contains wheat), herbs, spice].

Recipe suggestion: 100% NOT Chicken Parma

Contains soy and wheat.









of Protein



PLANT BASED PROTEIN



Oven Bake 10 min

Pan Fry for 222 15 mins

Simplot Code: 12970

Packaging: 3 x 1kg

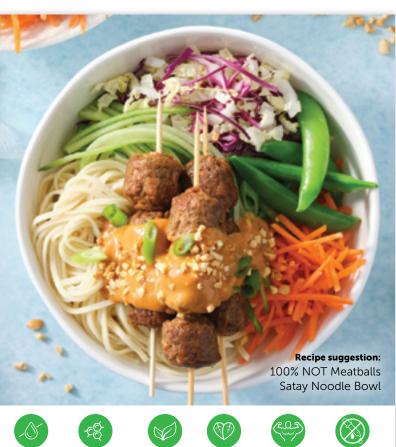
Preparation:

• Pan Fry: Pan fry 500g frozen 100% NOT Meatballs in 1 tablespoon oil on medium heat for 15 minutes (10 minutes if thawed), tossing regularly.

• Convection Oven: Preheat commercial fan-forced oven to 200°C. Place 1kg frozen 100% NOT Meatballs on a baking paper lined tray. Cook for 8-10 minutes (6 minutes if thawed), turning halfway.

Ingredients: Water, plant based proteins (27%) [wheat, soy, pea, colours (caramel III, caramel IV)], canola oil, thickeners (461, guar gum, xanthan gum), maize starch, yeast extracts, flavour, yeast, maltodextrin (maize), salt, herbs, vegetables (garlic, onion), vegetable fibres, sugar, hydrolysed vegetable protein (maize), smoke flavour, food acid (tartaric), turmeric extract, mineral (zinc), vitamin (B12).

Contains soy and wheat.



Source of zinc Low in saturated fat iron and B12

Low in

saturated fat iron and B12

Source of zinc,

Vegetarian



Good Source No

Preservative

of Protein





Ingredients: Water, plant based protein (25%) (soy), canola oil, flavour, yeast extracts, maltodextrin (maize), salt, sugar, hydrolysed vegetable protein (maize), yeast, vegetables (onion, garlic), smoke flavour, food acid (tartaric), pepper, mineral (zinc), vitamin (B12).

Contains soy.



VIC / TAS (03) 9588 3200 NSW / ACT (02) 9741 2800 QLD (07) 3902 7000 SA (08) 8422 2017 WA (03) 9588 3711

Available through your local distributor. Visit onehundredpercentnot.com or scan the QR code for more information.

Vegan

Vegetarian



No

Preservative

Recipe suggestion:

100% NOT Bolognese

Good Source

of Protein