JOHN WEST

PROTEIN+

Our healthiest tuna, yet.



High in Protein to support tissue growth and repair*

High in Calcium for healthy bones and







John West Protein+ Calcium Rich Tuna in Springwater, 5x1kg John West Protein+ Calcium Rich Tuna in Olive Oil, 5x1kg

Don't change what you're doing, change what you're using

Use John West Protein+ Calcium to help boost your menu without changing any of your recipes

- Easy substitution for your existing tuna or chicken recipes
- High in Protein for tissue growth and repair*
- High in Calcium for healthy bones and muscles* (from fish bones crushed into a fine powder)
- High in Omega-3 for heart health

- Wild-caught tuna
- Shelf stable
- 5x1kg pouch format for convenient pantry storage
- John West, leaders in responsibly sourced seafood

SAPL CODE	DESCRIPTION	CARTON CONFIG	PALLET CONFIG	COUNTRY OF ORIGIN	FORMAT
13208	John West Protein+ Calcium Rich Tuna in Springwater 1kg	5 x 1kg (foil pouch)	13B1 X 8	Thailand	Shelf Stable
13209	John West Protein+ Calcium Rich Tuna in Olive Oil 1kg	5 x 1kg (foil pouch)	13B1 X 8	Thailand	Shelf Stable

*When eaten as part of a healthy eating plan

^When eaten as part of a healthy eating plan; for heart health benefits, consume at least 500mg of EPA & DHA daily.



VIC / TAS (03) 9588 3200 QLD (07) 3902 7000 NSW / ACT (02) 9741 2800 SA / NT (08) 8422 2017

WA (03) 9588 3711

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Our healthiest tuna, yet.

High in Protein to support tissue growth and



John West Protein+ OMEGA-3

Tuna with Capsicum, Sweetcorn, Chilli & Red Kidney Bean Mix

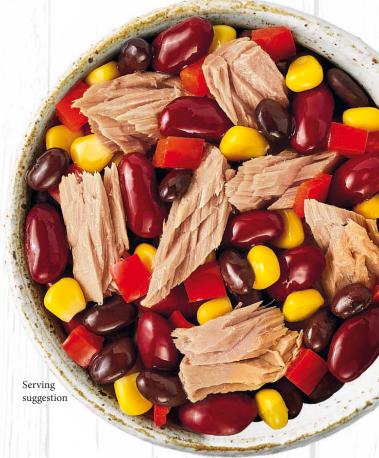
5x1kg



John West Protein+ **FIBRE**

Tuna with Sea Salt, Black Pepper & Three Bean Mix

5x1kg



Don't change what you're doing, change what you're using

Use John West Protein+ Calcium to help boost your menu without changing any of your recipes

- Ready-to-eat serve as a snack on its own or toss through mixed greens for a quick and easy salad
- High in Protein for tissue growth and repair*
- Good source of Omega-3 for heart health
- Good source of Fibre to support digestive wellbeing* (SKU 13212)
- Wild-caught tuna
- Shelf stable
- 5x1kg pouch format for convenient pantry storage
- John West, leaders in responsibly sourced seafood

SAPL CODE	DESCRIPTION	CARTON CONFIG	PALLET CONFIG	COUNTRY OF ORIGIN	FORMAT
13211	John West Protein+ Omega-3 1kg	5 x 1kg (foil pouch)	13B1 X 8	Thailand	Shelf Stable
13212	John West Protein+ Fibre 1kg	5 x 1kg (foil pouch)	13B1 X 8	Thailand	Shelf Stable

*When eaten as part of a healthy eating plan

^When eaten as part ofia healthy eating plan; forl heart health benefits, consume at least 500mg ofl EPA & DHA daily.



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